

Medical Associates, Inc.

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#### Dear Teacher:

The parents of one of your students are seeking to have their child evaluated by our office for a health concern. As part of our evaluation process, we ask that both the child's parents and teacher complete a set of behavioral rating scales. This information is important for the diagnosis and treatment of your student.

Your time and cooperation in this matter is greatly appreciated. Attached a set of teacher rating scales and questionnaires called the NICHQ Vanderbilt Teacher Assessment Scale

Generally, the teacher who spends the most time with the child should complete the teacher rating scales.

However, if the child has more than one primary teacher, or has a special education teacher, it would be useful for us to obtain a separate set of rating scales from each teacher. If more than one set of rating scales is required, please have the parent contact us directly at 562-490-3580 and we will forward additional rating scales as needed. Please note that the same teacher should complete each entire set of forms.

Please fill out the forms as completely as possible. If you do not know the answer to a question, please write, "Don't know," so that we can be sure the item was not simply overlooked. Some of the questions in the rating scales may seem redundant. This is necessary to ensure that we obtain accurate diagnostic information.

We ask that you complete these forms as soon as possible, as we are unable to begin a child's evaluation without the teacher rating scales. The forms can be mailed to us directly, e-mailed to acnlongbeach@gmail.com/acncostamesa@gmail.com, or faxed. We can use more secure communication if parents request.

Thank you for your assistance and cooperation in the completion of these forms. If you have any questions regarding the enclosed materials, or if you would like additional information regarding services provided, please do not hesitate to contact us.

Sincerely,

Jan Lake, mo Many Kun Ryuno Fletale Lettero

## Today's Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_\_ Parent's Name: \_\_\_\_\_ Parent's Phone Number: \_\_\_\_\_ Directions: Each rating should be considered in the context of what is appropriate for the age of your child. When completing this form, please think about your child's behaviors in the past 6 months.

Is this evaluation based on a time when the child  $\Box$  was on medication  $\Box$  was not on medication  $\Box$  not sure?

NICHQ Vanderbilt Assessment Scale—PARENT Informant

Symptoms	Never	Occasionally	Often	Very Often
<ol> <li>Does not pay attention to details or makes careless mistakes with, for example, homework</li> </ol>	0	1	2	3
2. Has difficulty keeping attention to what needs to be done	0	1	2	3
3. Does not seem to listen when spoken to directly	0	1	2	3
4. Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand)	0	1	2	3
5. Has difficulty organizing tasks and activities	0	1	2	3
6. Avoids, dislikes, or does not want to start tasks that require ongoing mental effort	0	1	2	3
7. Loses things necessary for tasks or activities (toys, assignments, pencils, or books)	0	1	2	3
8. Is easily distracted by noises or other stimuli	0	1	2	3
9. Is forgetful in daily activities	0	1	2	3
10. Fidgets with hands or feet or squirms in seat	0	1	2	3
11. Leaves seat when remaining seated is expected	0	1	2	3
12. Runs about or climbs too much when remaining seated is expected	0	1	2	3
13. Has difficulty playing or beginning quiet play activities	0	1	2	3
14. Is "on the go" or often acts as if "driven by a motor"	0	1	2	3
15. Talks too much	0	1	2	3
16. Blurts out answers before questions have been completed	0	1	2	3
17. Has difficulty waiting his or her turn	0	1	2	3
18. Interrupts or intrudes in on others' conversations and/or activities	0	1	2	3
19. Argues with adults	0	1	2	3
20. Loses temper	0	1	2	3
21. Actively defies or refuses to go along with adults' requests or rules	0	1	2	3
22. Deliberately annoys people	0	1	2	3
23. Blames others for his or her mistakes or misbehaviors	0	1	2	3
24. Is touchy or easily annoyed by others	0	1	2	3
25. Is angry or resentful	0	1	2	3
26. Is spiteful and wants to get even	0	1	2	3
27. Bullies, threatens, or intimidates others	0	1	2	3
28. Starts physical fights	0	1	2	3
29. Lies to get out of trouble or to avoid obligations (ie, "cons" others)	0	1	2	3
30. Is truant from school (skips school) without permission	0	1	2	3
31. Is physically cruel to people	0	1	2	3
32. Has stolen things that have value	0	1	2	3

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD. Revised - 1102









#### **NICHQ Vanderbilt Assessment Scale—PARENT Informant**

Гoday's Date:	Child's Name:		Date of Birth: _	
· Parent's Name·		Parent's Phone Number		

Symptoms (continued)	Never	Occasionally	Often	Very Often
33. Deliberately destroys others' property	0	1	2	3
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)	0	1	2	3
35. Is physically cruel to animals	0	1	2	3
36. Has deliberately set fires to cause damage	0	1	2	3
37. Has broken into someone else's home, business, or car	0	1	2	3
38. Has stayed out at night without permission	0	1	2	3
39. Has run away from home overnight	0	1	2	3
40. Has forced someone into sexual activity	0	1	2	3
41. Is fearful, anxious, or worried	0	1	2	3
42. Is afraid to try new things for fear of making mistakes	0	1	2	3
43. Feels worthless or inferior	0	1	2	3
44. Blames self for problems, feels guilty	0	1	2	3
45. Feels lonely, unwanted, or unloved; complains that "no one loves him or her"	0	1	2	3
46. Is sad, unhappy, or depressed	0	1	2	3
47. Is self-conscious or easily embarrassed	0	1	2	3

		Somewhat	at		
		Above		of a	
Performance	Excellent	Average	Average	Problem	Problematic
48. Overall school performance	1	2	3	4	5
49. Reading	1	2	3	4	5
50. Writing	1	2	3	4	5
51. Mathematics	1	2	3	4	5
52. Relationship with parents	1	2	3	4	5
53. Relationship with siblings	1	2	3	4	5
54. Relationship with peers	1	2	3	4	5
55. Participation in organized activities (eg, teams)	1	2	3	4	5

#### **Comments:**

# For Office Use Only Total number of questions scored 2 or 3 in questions 1–9: Total number of questions scored 2 or 3 in questions 10–18: Total Symptom Score for questions 1–18: Total number of questions scored 2 or 3 in questions 19–26: Total number of questions scored 2 or 3 in questions 27–40: Total number of questions scored 2 or 3 in questions 41–47: Total number of questions scored 4 or 5 in questions 48–55: Average Performance Score:







D4	NICHQ Vanderbilt Assessment Scale—12/	ACHERI	ntormant		
Teacher's Na	me: Class Time:		Class Name/I	Period:	
Today's Date	: Child's Name:	_ Grade l	Level:		
	Each rating should be considered in the context of what is an and should reflect that child's behavior since the beginning weeks or months you have been able to evaluate the behavior	of the scl ors:	hool year. Please 	indicate t	the number of
Symptom	lation based on a time when the child $\square$ was on medication	on 🗌 w Never	as not on medica Occasionally	Often	ot sure?  Very Often
	o give attention to details or makes careless mistakes in schoolwork	0	1	2	3
	fficulty sustaining attention to tasks or activities	0	1	2	3
	not seem to listen when spoken to directly	0	1	2	3
4. Does 1	not follow through on instructions and fails to finish schoolwork ue to oppositional behavior or failure to understand)	0	1	2	3
5. Has di	fficulty organizing tasks and activities	0	1	2	3
	s, dislikes, or is reluctant to engage in tasks that require sustained l effort	0	1	2	3
	things necessary for tasks or activities (school assignments, s, or books)	0	1	2	3
8. Is easi	ly distracted by extraneous stimuli	0	1	2	3
9. Is forg	etful in daily activities	0	1	2	3
10. Fidget	s with hands or feet or squirms in seat	0	1	2	3
	seat in classroom or in other situations in which remaining is expected	0	1	2	3
	about or climbs excessively in situations in which remaining is expected	0	1	2	3
13. Has di	fficulty playing or engaging in leisure activities quietly	0	1	2	3
14. Is "on	the go" or often acts as if "driven by a motor"	0	1	2	3
15. Talks 6	excessively	0	1	2	3
16. Blurts	out answers before questions have been completed	0	1	2	3
17. Has di	fficulty waiting in line	0	1	2	3
18. Interru	upts or intrudes on others (eg, butts into conversations/games)	0	1	2	3
19. Loses	temper	0	1	2	3
20. Active	ly defies or refuses to comply with adult's requests or rules	0	1	2	3
21. Is ang	ry or resentful	0	1	2	3
22. Is spite	eful and vindictive	0	1	2	3
23. Bullies	s, threatens, or intimidates others	0	1	2	3
24. Initiat	es physical fights	0	1	2	3
25. Lies to	obtain goods for favors or to avoid obligations (eg, "cons" others)	0	1	2	3
26. Is phy:	sically cruel to people	0	1	2	3
27. Has st	olen items of nontrivial value	0	1	2	3
28. Delibe	erately destroys others' property	0	1	2	3
29. Is fear	ful, anxious, or worried	0	1	2	3
30. Is self-	conscious or easily embarrassed	0	1	2	3
31. Is afra	id to try new things for fear of making mistakes	0	1	2	3

The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD. Revised - 0303

### American Academy of Pediatrics





D4 NICHQ Vanderbilt Assessment Sca	ale—TEACH	IER Inform	ant, continue	d	
Teacher's Name: Class T	Гіте:	Class Name/Period:			
Today's Date: Child's Name:					
Symptoms (continued)		Never	Occasionally	Often	Very Often
32. Feels worthless or inferior		0	1	2	3
33. Blames self for problems; feels guilty		0	1	2	3
34. Feels lonely, unwanted, or unloved; complains that "no one	e loves him or	her" 0	1	2	3
35. Is sad, unhappy, or depressed		0	1	2	3
				Somewhat	t
Performance		Above		of a	
Academic Performance	Excellent	Average	Average	Problem	Problemation
36. Reading	1	2	3	4	5
37. Mathematics	1	2	3	4	5
38. Written expression	1	2	3	4	5
				Somewhat	t
Classroom Behavioral Performance	Excellent	Above Average	Average	of a	Problematic
39. Relationship with peers	1	2	3	4	5
40. Following directions	1	2	3	4	5
41. Disrupting class	1	2	3	4	5
42. Assignment completion	1	2	3	4	5
43. Organizational skills	1	2	3	4	5
Comments:			<u> </u>		<u> </u>
Comments.					
Please return this form to:					
W T 11					
Mailing address:					
F					
Fax number:					
For Office Use Only					
Total number of questions scored 2 or 3 in questions 1–9:					
Total number of questions scored 2 or 3 in questions 10–18:					
Total Symptom Score for questions 1–18:					
Total number of questions scored 2 or 3 in questions 19–28:					
Total number of questions scored 2 or 3 in questions 29–35:					
Total number of questions scored 4 or 5 in questions 36–43:					



Average Performance Score:\_



